

EXTREME ABUSE SURVEY

Extreme Abuse Survey (EAS) - Questionnaire

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Extreme Abuse Survey (EAS)

An International Survey for Adult Survivors of Extreme Abuse

January 1, until March, 31, 2007

(do not write your name anywhere on this survey)

Questionnaire

This is an anonymous survey conducted privately by Carol Rutz, Bettina Overkamp, Wanda Karriker and Thorsten Becker to explore commonalities reported by survivors of Extreme Abuse including, but not limited to, Ritual Abuse and Mind Control.

For questions about the survey, please contact one of the researchers.

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The survey should take less than 30 minutes to complete. Some of the responses may be triggering to survivors. You may stop at anytime and you do not have to complete it.

Definitions:

Ritual Abuse (RA) includes, but is not limited to, Satanic Ritual Abuse (SRA).

Mind Control (MC) refers to all mind control procedures designed to make a victim follow directives of the programmer without conscious awareness including, but not limited to, government-sponsored mind control experiments.

RA / MC means Ritual Abuse and / or Mind Control.

Begin the survey by typing in your country of residence and your primary language.

Do not sign your name.

My country of residence is:

My primary language is:

My gender:

(one response only)

- | | |
|---------------|-----------------------|
| Female | <input type="radio"/> |
| Male | <input type="radio"/> |
| Transgendered | <input type="radio"/> |

My current age:

(one response only)

- | | |
|---------|-----------------------|
| 18 – 21 | <input type="radio"/> |
| 22 – 35 | <input type="radio"/> |
| 36 – 50 | <input type="radio"/> |
| 51 – 65 | <input type="radio"/> |
| 66+ | <input type="radio"/> |

My formal education:

(one response only)

- Less than college
- Some college
- College degree
- Graduate degree

My current employment:

(one response only)

- Disabled
- Unemployed by choice
- Part-time Public
- Full-time Public
- Self-employed

Time I have spent in “talk” therapy / counseling for extreme abuse issues:

(one response only)

- None
- Less than a year
- 1 - 4 years
- 5 - 9 years
- 10 - 19 years
- 20 - 29 years
- 30+ years

1. My memories of extreme abuse include . . .

(When responding to a specific item, mark only on the most appropriate response. If you prefer not to respond to a specific item, or if its meaning is unclear or not applicable to your situation, you may choose "No Answer" (n / a).)

1. Aversive hypnosis

- n / a
- yes
- don't know
- no

2. Being caged

- n / a
- yes
- don't know
- no

3. Being threatened with death if I ever talked about the abuse

- n / a
- yes
- don't know
- no

4. Bestiality

- n / a
- yes
- don't know
- no

5. Blinding lights

- n / a
- yes
- don't know
- no

6. Bondage

- n / a
- yes
- don't know
- no

7. Brain implants

- n / a
- yes
- don't know
- no

8. Brain stimulation

- n / a
- yes
- don't know
- no

9. Buried alive

- n / a
- yes
- don't know
- no

10. Dislocation of limbs

- n / a
- yes
- don't know
- no

11. Electronic harassment

- n / a
- yes
- don't know
- no

12. Electroshock

- n / a
- yes
- don't know
- no

13. Eugenics experiments

- n / a
- yes
- don't know
- no

14. Experiments with dolphins

- n / a
- yes
- don't know
- no

15. Experiments with non-human primates

- n / a
- yes
- don't know
- no

16. Forced abortion

- n / a
- yes
- don't know
- no

17. Forced cannibalism

- n / a
- yes
- don't know
- no

18. Forced drugging

- n / a
- yes
- don't know
- no

19. Forced impregnation

- n / a
- yes
- don't know
- no

20. Forced participation in murder by perpetrators

- n / a
- yes
- don't know
- no

21. Forced to abuse other victims

- n / a
- yes
- don't know
- no

22. Forced to murder (or made to think I had murdered) a baby

- n / a
- yes
- don't know
- no

23. Forced to participate in animal mutilations / killings

- n / a
- yes
- don't know
- no

24. Incest

- n / a
- yes
- don't know
- no

25. Injection of painful eye drops

- n / a
- yes
- don't know
- no

26. "Marriage" to Satan

- n / a
- yes
- don't know
- no

27. Microwave abuse

- n / a
- yes
- don't know
- no

28. My own child murdered by my perpetrator(s)

- n / a
- yes
- don't know
- no

29. Near drowning experience caused by perpetrators

- n / a
- yes
- don't know
- no

30. Non-lethal weapons abuse

- n / a
- yes
- don't know
- no

31. Pornography (adult)

- n / a
- yes
- don't know
- no

32. Pornography (child)

- n / a
- yes
- don't know
- no

33. Prostitution (adult)

- n / a
- yes
- don't know
- no

34. Prostitution (child)

- n / a
- yes
- don't know
- no

35. Psychic driving

- n / a
- yes
- don't know
- no

36. Radiation exposure

- n / a
- yes
- don't know
- no

37. Receiving physical abuse from perpetrators

- n / a
- yes
- don't know
- no

38. Sensory deprivation

- n / a
- yes
- don't know
- no

39. Sexual abuse by multiple perpetrators

- n / a
- yes
- don't know
- no

40. Sleep deprivation

- n / a
- yes
- don't know
- no

41. Spinning

- n / a
- yes
- don't know
- no

42. Starvation

- n / a
- yes
- don't know
- no

43. Straight-jacketed

- n / a
- yes
- don't know
- no

44. UFO abduction

- n / a
- yes
- don't know
- no

45. Use of blood in abuse

- n / a
- yes
- don't know
- no

46. Use of feces in abuse

- n / a
- yes
- don't know
- no

47. Witnessing murder by perpetrators

- n / a
- yes
- don't know
- no

48. Witnessing animal mutilations / killings

- n / a
- yes
- don't know
- no

49. Witnessing physical abuse by perpetrators on other victims

- n / a
- yes
- don't know
- no

50. Other abuse(s)

- n / a
- yes
- don't know
- no

2. Some of the possible aftereffects of extreme abuse that I have experienced are ...

1. Art productions with abuse / torture themes

- n / a
- yes
- don't know
- no

2. Auto-immune disorders

- n / a
- yes
- don't know
- no

3. Beliefs indoctrinated by perpetrator(s)

- n / a
- yes
- don't know
- no

4. Cancer

- n / a
- yes
- don't know
- no

5. Dealing with programs installed by perpetrator(s)

- n / a
- yes
- don't know
- no

6. Dissociative flashbacks with satanic themes

- n / a
- yes
- don't know
- no

7. Eating disorder

- n / a
- yes
- don't know
- no

8. Fibromyalgia

- n / a
- yes
- don't know
- no

9. Foreign objects in body

- n / a
- yes
- don't know
- no

10. Hospitalization in a psychiatric unit

- n / a
- yes
- don't know
- no

11. Infertility

- n / a
- yes
- don't know
- no

12. Infliction of sexual pain on others

- n / a
- yes
- don't know
- no

13. Infliction of sexual pain on self

- n / a
- yes
- don't know
- no

14. Migraine headaches

- n / a
- yes
- don't know
- no

15. Multiple sclerosis

- n / a
- yes
- don't know
- no

16. Mysterious ailments for which a diagnosis cannot be made

- n / a
- yes
- don't know
- no

17. Painful body memories

- n / a
- yes
- don't know
- no

18. Posttraumatic stress disorder

- n / a
- yes
- don't know
- no

19. Seizures with no organic basis

- n / a
- yes
- don't know
- no

20. Self-mutilating behaviors

- n / a
- yes
- don't know
- no

21. Sexually-transmitted disease (s)

- n / a
- yes
- don't know
- no

22. Sexual urges triggered by feelings of threat, fear, shame, guilt, etc.

- n / a
- yes
- don't know
- no

23. Sleep problems

- n / a
- yes
- don't know
- no

24. Soft, brittle teeth

- n / a
- yes
- don't know
- no

25. Substance abuse

- n / a
- yes
- don't know
- no

26. Suicidal thoughts around special holidays, birthdays, etc.

- n / a
- yes
- don't know
- no

27. Suicidal thoughts immediately before traumatic memories surface

- n / a
- yes
- don't know
- no

28. Survivor guilt

- n / a
- yes
- don't know
- no

29. Thyroid problems

- n / a
- yes
- don't know
- no

30. Unexplained bruises and wounds

- n / a
- yes
- don't know
- no

31. Unexplained external scarring

- n / a
- yes
- don't know
- no

32. Unexplained internal scarring

- n / a
- yes
- don't know
- no

33. Unusual fears

- n / a
- yes
- don't know
- no

34. Other possible aftereffects of Extreme Child Abuse

- n / a
- yes
- don't know
- no

3. My personal experiences as a survivor of extreme abuse . . .

1. Secret government-sponsored mind control experiments were performed on me as a child.

n / a
yes
don't know
no

2. I have been diagnosed with DID (dissociative identity disorder / formerly multiple personality disorder).

n / a
yes
don't know
no

3. My perpetrator(s) deliberately created / programmed dissociative states of mind (such as alters, personalities, ego-states) in me.

n / a
yes
don't know
no

4. In my opinion, therapists / counselors / clergy should always take a neutral stance regarding the truth of survivors' memories.

n / a
yes
don't know
no

5. A therapist / counselor / clergy with whom I was in a professional relationship sexually exploited me.

- n / a
- yes
- don't know
- no

6. I am uncertain about the ideas, beliefs, and purpose of at least one group in which I was ritually abused.

- n / a
- yes
- don't know
- no

7. I have heard Greek letters such as Alpha, Beta, Delta, Theta, Omega used in connection with my abuse.

- n / a
- yes
- don't know
- no

8. I was taken out of school to another location to be ritually abused and then returned to my school classroom.

- n / a
- yes
- don't know
- no

9. I was taken out of school to another location for mind control programming, then returned to my school classroom.

- n / a
- yes
- don't know
- no

10. I have experienced basic mind control programming in the control personality.

- n / a
- yes
- don't know
- no

11. I have experienced sexual mind control programming that was used by a handler for blackmail or personal use.

- n / a
- yes
- don't know
- no

12. I have experienced mind control programming through which I was trained to become an assassin.

- n / a
- yes
- don't know
- no

13. I have experienced mind control programming designed to develop psychic abilities such as “psychic killing.”

- n / a
- yes
- don't know
- no

14. I have experienced self-destruct programming installed in the event I began to remember the programming.

- n / a
- yes
- don't know
- no

15. I have been given an assassination assignment by a mind control programmer.

- n / a
- yes
- don't know
- no

16. I was ritually abused in a religious sect (a group made up of dissenters from an established form of faith such as a Christian sect).

- n / a
- yes
- don't know
- no

17. I was ritually abused in a Fascist group (Neo-Nazi , KKK, White Supremacist or other group that considers itself the superior in race, creed, or origin).

- n / a
- yes
- don't know
- no

18. Alternative healing methods have been more effective in helping me to heal than “talk therapy.”

- n / a
- yes
- don't know
- no

19. As a child, I told an authority figure that I was being abused in what I now know was RA / MC.

- n / a
- yes
- don't know
- no

20. I was abused by at least one Catholic priest in connection with specific satanic rituals.

- n / a
- yes
- don't know
- no

21. I was abused by at least one non-Catholic clergyperson in connection with specific satanic rituals.

- n / a
- yes
- don't know
- no

22. At least one of my perpetrators has been convicted of criminal abuse toward me.

- n / a
- yes
- don't know
- no

23. Current access by RA / MC perpetrators involves harm to my physical / mental / spiritual well-being.

- n / a
- yes
- don't know
- no

24. Perpetrators have on at least one occasion made me believe that external entities / spirits / demons had taken over my body.

- n / a
- yes
- don't know
- no

25. I had memories of government-sponsored mind control experimentation before I sought therapy / counseling.

- n / a
- yes
- don't know
- no

26. I have sought help from the authorities regarding current abuse by RA / MC perpetrators.

- n / a
- yes
- don't know
- no

27. Authorities have investigated claims I have made against my RA / MC perpetrators regarding current abuse.

- n / a
- yes
- don't know
- no

28. I have received helpful treatment in a hospital when treated for the aftereffects of RA / MC.

- n / a
- yes
- don't know
- no

29. I remember being used in government-sponsored mind control experiments in the United States.

- n / a
- yes
- don't know
- no

30. I remember being used in government-sponsored mind control experiments in Canada.

- n / a
- yes
- don't know
- no

31. I remember being used in government-sponsored mind control experiments in a country other than the U.S. or Canada.

- n / a
- yes
- don't know
- no

32. At least one of my mind control programmers spoke German or with a heavy German accent.

- n / a
- yes
- don't know
- no

33. At least one of my perpetrators went by an alias but I now know who he / she really was.

- n / a
- yes
- don't know
- no

34. I work in a professional role (other than as a therapist / counselor / clergy) with other survivors of RA / MC.

- n / a
- yes
- don't know
- no

35. I have visited places I thought I had never been before and matched the actual place to my drawings and / or memories.

- n / a
- yes
- don't know
- no

36. I have heard other survivors, whom I had not previously met, describe the same perpetrators of my own abuse.

- n / a
- yes
- don't know
- no

37. I have heard other survivors, whom I had not previously met, describe the same places where I was abused.

- n / a
- yes
- don't know
- no

38. I was subjected to government-sponsored mind control experimentation before I was born.

- n / a
- yes
- don't know
- no

39. I was subjected to government-sponsored mind control experimentation at birth through 2 years.

- n / a
- yes
- don't know
- no

40. I was subjected to government-sponsored mind control experimentation at ages 3 through 6.

- n / a
- yes
- don't know
- no

41. I was subjected to government-sponsored mind control experimentation at ages 7 through 13.

- n / a
- yes
- don't know
- no

42. I was subjected to government-sponsored mind control experimentation at ages 14 through 17.

- n / a
- yes
- don't know
- no

43. I was subjected to government-sponsored mind control experimentation at ages 18 through 30.

- n / a
- yes
- don't know
- no

44. I was subjected to government-sponsored mind control experimentation at ages 31 or older.

- n / a
- yes
- don't know
- no

45. I am currently being accessed / abused by RA / MC perpetrators against my will.

- n / a
- yes
- don't know
- no

46. I was ritually abused in a satanic cult.

- n / a
- yes
- don't know
- no

47. I was ritually abused in a Gnostic-occult group.

- n / a
- yes
- don't know
- no

48. I was ritually abused in child pornography.

- n / a
- yes
- don't know
- no

49. At least one group that abused me is national or international in scope.

- n / a
- yes
- don't know
- no

50. I remember seeing perpetrators cloaked in black robes.

- n / a
- yes
- don't know
- no

51. I remember seeing perpetrators cloaked in purple robes.

- n / a
- yes
- don't know
- no

52. I remember seeing perpetrators cloaked in white robes.

- n / a
- yes
- don't know
- no

53. I remember seeing perpetrators dressed in costumes.

- n / a
- yes
- don't know
- no

54. I remember seeing perpetrators wearing white doctors' coats.

- n / a
- yes
- don't know
- no

55. The surname of at least one of my perpetrators was the same as a color.

- n / a
- yes
- don't know
- no

56. One of my perpetrators went by the name, "Dr. Black."

- n / a
- yes
- don't know
- no

57. One of my perpetrators went by the name, "Dr. Green."

- n / a
- yes
- don't know
- no

58. One of my perpetrators went by the name, "Dr. White."

- n / a
- yes
- don't know
- no

59. One of my perpetrators went by the name, "Dr. Swartz."

- n / a
- yes
- don't know
- no

60. One of my perpetrators went by the name, "Father Joseph."

- n / a
- yes
- don't know
- no

61. One of my perpetrators went by the name "Vaterchen."

- n / a
- yes
- don't know
- no

62. I have watched a person be flayed.

- n / a
- yes
- don't know
- no

63. I have attempted suicide one or more times.

- n / a
- yes
- don't know
- no

64. I have been transported out of my local area for purposes of RA / MC.

- n / a
- yes
- don't know
- no

65. I have been transported out of my native country for purposes of RA / MC.

- n / a
- yes
- don't know
- no

66. As a child, I fantasized that I was being tortured by doctors.

- n / a
- yes
- don't know
- no

67. I am able to speak and / or write in an unknown language and / or code.

- n / a
- yes
- don't know
- no

68. I have been hospitalized because of the aftereffects of RA / MC.

- n / a
- yes
- don't know
- no

69. My RA originated from my family of origin.

- n / a
- yes
- don't know
- no

70. My MC originated from my family of origin.

- n / a
- yes
- don't know
- no

71. At least one spiritual leader was involved in my RA / MC abuse.

- n / a
- yes
- don't know
- no

72. One or more of my alters had access codes.

- n / a
- yes
- don't know
- no

73. I have (or have had) at least one robot alter.

- n / a
- yes
- don't know
- no

74. I have (or have had) at least one animal alter.

- n / a
- yes
- don't know
- no

75. I have (or have had) at least one demon alter.

- n / a
- yes
- don't know
- no

76. I had memories of incest before I sought therapy / counseling.

- n / a
- yes
- don't know
- no

77. I had memories of ritual abuse before I sought therapy / counseling.

- n / a
- yes
- don't know
- no

78. My programming included time-travel experiments.

- n / a
- yes
- don't know
- no

79. I have been given a seduction assignment by a mind control programmer.

- n / a
- yes
- don't know
- no

80. I have successfully sued my perpetrator(s) in civil court.

- n / a
- yes
- don't know
- no

81. I have a spiritual belief system.

- n / a
- yes
- don't know
- no

82. I participate in an organized religion.

- n / a
- yes
- don't know
- no

83. I am currently in psychotherapy / counseling for help with RA / MC issues.

- n / a
- yes
- don't know
- no

84. I am a therapist / counselor / clergy for RA / MC survivors.

- n / a
- yes
- don't know
- no

85. I was subjected to RA / MC before I was born.

- n / a
- yes
- don't know
- no

86. I was subjected to RA / MC at ages birth through 2 years.

- n / a
- yes
- don't know
- no

87. I was subjected to RA / MC at ages 3 through 6.

- n / a
- yes
- don't know
- no

88. I was subjected to RA / MC at ages 7 through 13.

- n / a
- yes
- don't know
- no

89. I was subjected to RA / MC at ages 14 through 17.

- n / a
- yes
- don't know
- no

90. I was subjected to RA / MC at ages 18 through 30.

- n / a
- yes
- don't know
- no

91. I was subjected to RA / MC at ages 31 or older.

- n / a
- yes
- don't know
- no

92. I was ritually abused in a witchcraft cult.

- n / a
- yes
- don't know
- no

93. I was ritually abused in voodooism.

- n / a
- yes
- don't know
- no

94. A circumcision (as genital mutilation) was performed on me.

- n / a
- yes
- don't know
- no

4. **My experiences with various healing methods for extreme abuse are . . .**
(If you have never used a healing method listed below, mark n / a. If you have used the healing method, rate it on a scale of 1 to 5 according to how helpful it has been in your healing.)

1. Acupuncture

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

2. Aromatherapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

3. Chiropractic

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

4. Homeopathy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

5. Massage Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

6. Naturopathy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

7. Nutrition & Diet Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

8. Occupational Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

9. Osteopathy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

10. Physical Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

11. Abreactive Work

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

12. Art Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

13. Biofeedback

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

14. Clinical Hypnosis

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

15. Confronting Abuser(s)

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

16. Creative Writing

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

17. Dance Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

18. Deliverance

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

19. Formal Deprogramming

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

20. Drawing / Painting

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

21. Drumming

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

22. Electroshock Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

23. EMDR

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

24. Energy Therapies

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

25. Exorcism

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

26. Feldenkrais

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

27. Grounding Techniques

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

28. Group Psychotherapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

29. Hospitalization

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

30. Individual Psychotherapy / Counseling

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

31. Internet Support Group

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

32. Journaling

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

33. Left / Right Handwriting Techniques

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

34. Local Survivor Support Group

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

35. Music Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

36. Neurofeedback

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

37. Non-suicide Contract with Therapist

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

38. Personal Prayer / Meditation

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

39. Physical Exercise

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

40. Psychodrama

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

41. Psychotropic Medications

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

42. Reading Survivor Stories

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

43. Reiki

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

44. Self-Care / Self-Soothing Techniques

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

45. Spiritual Guidance / Counseling

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

46. Supportive Family Members

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

47. Supportive Friends

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

48. Survivor Conferences

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

49. Swimming

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

50. Theophostic Prayer

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

51. Twelve-step Programs

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

52. Yoga

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

53. Other Method(s)

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

5. The category of extreme abuse listed below that best describes my experience as a survivor is . . .

(mark the most appropriate response - mark one response only)

- Ritual Abuse
- Mind Control
- Ritual Abuse and Mind Control
- Other Extreme Abuse

THANK YOU FOR COMPLETING THIS SURVEY.